

FREE!



FUN!

The San Mateo Consolidated Fire Department Presents

COMMUNITY EMERGENCY RESPONSE TEAM (CERT) TRAINING

Be ready to help after disaster strikes. Learn basic emergency preparedness and response skills and become part of your own local neighborhood disaster response team. This 24-hour series of classes is valuable, free and fun! Classes are held at the Foster City Fire Department, 1040 E. Hillsdale Blvd. on

Thursdays, beginning January 31, 2019 from 6:30 to 9:00 pm.

Graduates will receive a free selection of emergency supplies.

CLASS ONE January 31

Earthquake Preparedness

All about CERT and Preparedness

CLASS THREE February 14

Disaster Medical Part I

All about CERT and Preparedness

CLASS FIVE February 28

Light Search and Rescue

All about CERT and Preparedness

CLASS SEVEN March 14

Communication and Activation

All about CERT and Preparedness

CLASS TWO February 7

Fire Safety & Utility Controls

All about CERT and Preparedness

CLASS FOUR February 21

Disaster Medical Part II

All about CERT and Preparedness

CLASS SIX March 7

**CERT Organization / Terrorism /
Psychology**

CLASS EIGHT (Saturday) March 23

**Skills Practice, Quake Exercise &
Graduation!**

For more information about CERT, please call (650) 522-7916. To register, please email: cert@fostercity.org